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THE CHI KUNG BIBLE: MASTERING  
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Contribution To Clyman's Book by Frank

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Ranz, January 1989 Chapter #1 - In Perspective • A Brief Explanation • An Introductory Lecture • Releasing the Tiger Within You • Perspectives

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Tai Chi is based on a Taoist spiritual

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view of the body and the chi, and how to enhance the chi, a view incompatible with how the Bible tells us we were made—in God's image (Genesis 1:27).

## **Should Christian's do Tai Chi? | hatchcreek.com Bible blog**

Qigong (), ch'i kung (), and chi gung are Romanized words for two Chinese

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characters: qì (气 气 气) and gōng (功).. Qi (or chi) is often translated as life energy, referring to energy circulating through the body; though a more general definition is universal energy, including heat, light, and electromagnetic energy; and definitions often involve breath, air, gas, or the relationship ...

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Kung teachers teach “calm down, relax, and take it easy.”

## **Chi Kung - Power Development, Anger Management, Breathing ...**

Qigong and qi-ssage are both based on the concept of qi or chi (also spelled ki and sometimes transliterated as ch'i), which is a foundational belief of Taoism,

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a religion that developed from early Chinese Shamanism, 3000 to 800 BCE (see Eva Wong, Taoism, Chapter 1, "Shamanic Origins," Boston & London: Shambhala, 1997).

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